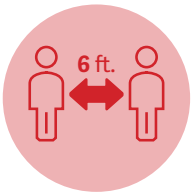


# FACILITY GUIDELINES

*These guidelines are for the safety of all members, guests & staff.*



## **Social Distancing**

Practice social distancing, keeping at least 6 feet apart.



## **Group Gatherings**

No group gatherings will be allowed throughout facility.



## **Increased Cleaning**

We are working hard to continuously clean and disinfect throughout the day. Especially high traffic areas.



## **Face Coverings**

Face Masks are required until further notice. For those with medical conditions & unable to wear face mask, a Face Shield is required.



## **Hand Washing**

Wash hands thoroughly with soap and water for at least 20 seconds.



## **Hand Sanitizer**

Available throughout the facility for your use.



## **Timely Visits**

Limit your gym visit to 1 hour.



## **Equipment Usage**

Wipe down every piece of equipment you touch.

# ATTENTION:



**FACE MASKS ARE REQUIRED  
UNTIL FURTHER NOTICE**

FOR THOSE WITH MEDICAL CONDITIONS  
& UNABLE TO WEAR FACE MASK,  
A FACE SHIELD IS REQUIRED.

# ATTENTION:

**FACE MASKS ARE  
REQUIRED  
UNTIL FURTHER  
NOTICE**

**FOR THOSE WITH  
MEDICAL CONDITIONS  
& UNABLE TO WEAR FACE**